



Urban Bounty

learn | grow | dig in



Group Volunteering 2025



About Urban Bounty

Urban Bounty is a registered charity in Richmond working to cultivate a resilient local food system through education, advocacy, and community-building initiatives. If you want to learn more about urban agriculture, support the work we do and get involved in your community then you have come to the right place. Keep reading for more information on our group volunteering opportunities.



Why Volunteer With Urban Bounty?

These types of volunteering opportunities allow your group to support and contribute to our work in a meaningful way. This in turn supports a stronger and more resilient community and local food system in Richmond. You can expect to:

- Participate in hands-on, team-building activities
- Spend time outside with your team in a beautiful setting
- Learn about urban agriculture and how you can support a thriving local food system
- Experience something new, make an impact and have fun!



Volunteering Overview:

- Volunteering sessions are 3 hours in length
- Timing is activity-dependent - generally Tuesdays, Thursdays or Saturdays during the day
- We can accommodate groups of up to 15 people
- We will accept groups smaller than 10 people, but the minimum donation remains \$500 see below for more details.
- At the time of booking, please let us know the approximate number of people in your group

604-244-7377 | volunteers@urbanbounty.ca | www.urbanbounty.ca



Donation

- Donation rate per person:
 - Adult - \$50
 - Kids - \$20
- Your donation goes directly to supporting the work we do
- We are unable to waive the donation requirement
- Your donation can be made by cash, card, e-transfer or cheque
- Sponsorship opportunities are available for groups donating \$1,000 or more
- Official tax receipts can be issued for donations over \$25



Cancellation Fee

- We book groups according to specific needs and last-minute cancellations make it hard for us to fulfill our obligations.
- A cancellation fee of 50% will be charged if you cancel less than 2 weeks before your scheduled volunteer date.



What's Included

- Tour of the site (activity-dependent) with information about Urban Bounty and the work we do
- Short educational activity
- Volunteering activity
- Group Photo

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We acknowledge that the lands with which we grow and harvest includes unceded land in the stewarded territory of the xʷməθkʷəyəm (Musqueam) people and also unceded territory of the həń'qəmiń əń and Sḵw̓x̓ wú7mesh speaking peoples.



Educational Activity Options

Wellness Tools in the Garden

These short sessions with horticultural therapy specialist Cheney Creamer explore methods of releasing tension and building resilience to stress. We will discuss tools from a variety of nature-based therapies, mindfulness and meditation techniques, and a healthy dose of fun and play. Learn simple, yet powerful methods for rejuvenating your life, deepening your relationships, and increasing your health and well-being.

Wild Herbal Medicines Tour

Natural medicines are all around us, and are often considered weeds! Join herbalist Paige Leslie on a short tour of the volunteering area and discussion of in-season wild medicinal herbs. We will discuss ID characteristics of wild medicinal plants and some simple methods that you can use to incorporate these herbs into your everyday life.



Volunteering Activity Options

Community Gardens Work Party

- Weekday
- May - October
- At garden location - outside, weather dependent
- Possible activities:
 - Cleaning and organizing the shed
 - Painting
 - Weeding
 - Bramble clean up
- The group required to bring their food and drinks

Fruit Recovery Event

- Typically Wednesdays, Thursdays or Saturdays
- July-September
- At a private residence - outside
- Possible activities:
 - On-site set up and take down
 - Picking fruit from fruit trees
 - Grading and packaging fruits
- The group required to bring their food and drinks
- All volunteers get to take home fruit for their efforts!



How to Book

Please email us at volunteers@urbanbounty.ca and include the following information:

- Size of group(s)
- Preferred date(s)
- Preferred activity option

We will get back to you within 2 business days.

Looking forward to hosting your group.

The Urban Bounty Team



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